

PSHE

Show the children pictures of people holding hands. How do you feel about holding hands: when and with whom? We all feel differently about holding hands and that's okay. Role play various ways of greeting like shaking hands, hugging, high five, bumping fists. Which ones do you like /dislike? Can you say 'no' to a touch you don't like? Can you say 'Please don't touch me like that I don't like it'? Could you learn and do some action songs with your family like 'Hokey Cokey', 'Farmer in his den' or 'Row row your boat'. Can you find any books about hugs? There are lots on youtube like HUG Jez Alborough, The Perfect Hug by Joanna Walsh.

